

TALK ON SELF CARE : GIANTS OF GERIATRIC SYNDROMES

- Instability (falls)
- Iatrogenic (drugs)
- Immobility
- Impaired Cognition
- Incontinence

**Free Blood Glucose &
Blood Pressure Tests**

SPEAKER

DR KALAIMAMANI D/O KANAGASABAI

Senior Consultant, Renci Hospital

SATURDAY, 29 APRIL 2023

2PM - 4PM

CHURCH OF CHRIST

131 Moulmein Road

Singapore 308082

**Please register using
the QR code below.**



**All members, friends & visitors
are welcome!**



*Organised by Spirited Seniors for Christ (SSC)
Church of Christ, Pasir Panjang, Singapore*

www.ppcoc.org

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