

## **Sunday Morning Worship**



29 May 2022

## Redeeming The Chaotic Waters

By John Lim Live @ 11am

'Redemption' is one of those big church-y words that we sort-of understand but maybe don't fully 'get'. Well, we certainly know what it means to 'redeem a gift voucher'! It means we trade a token or receipt or code to get something of greater value.

That's the sense in which the story of the Bible says God has redeemed us from slavery to sin. Jesus gave up His life so that we could receive forgiveness and be welcomed into God's eternal presence. We have become something new and different. The ugly has become beautiful, and the sin-stained has become sinless.

We conclude our series on the chaotic waters with a final glimpse at how these chaotic waters, conquered at the cross of Jesus, are also redeemed in an ultimate, beautiful reversal. Thanks for joining us!

# Sunday Morning Worship

### **Order of Worship**

Call To Worship You're Worthy Of My Praise Shout Hallelujah Opening Prayer Scripture: Psalm 65 There's A Fountain Free Communion And Giving Deep and Wide Scripture: Psalm 46 Sermon All Who Are Thirsty Announcements Shepherd's Prayer Salvation Belongs to Our God

## Giving

### Last Week's Giving: **\$6722**



General Fund S76SS0008AGFD



Missions Fund S76SS0008AMFD



Building Fund S76SS0008ABFD

If you plan to make a contribution via cheque, please make sure it is made payable to "Church of Christ, Pasir Panjang, Singapore". Please ensure that you write the full name so that the cheque can be processed smoothly.

# **Upcoming Events**



Adult Bible Class "Love the Lord Your God" Deuteronomy 4:44-6:6 By Shawn Li **GEMS Bible Class (Nursery)** Contact Agnes Lim (9858 5935)

Youth Bible Class "David's Son And Lord" The Gospel of Mark By John Lim

**GEMS Bible Class (Cradle Roll)** Contact Audrey Lee (9855 4957)

**GEMS Bible Class (Toddlers)** Contact Koo Hwee Yee (9173 2365) GEMS Bible Class (Kinderkids) "Solomon" 1 Kings 2-11 Contact Josephine Seow (9170 4343)

GEMS Bible Class (P123) "I Am The Light of the World" John 8:12; 9:1-7, 25; 1 John 1:5-7 Contact Joanne Foo (9683 8266)

GEMS Bible Class (P456) "Review of Mark" Acts 17:18-22 Contact Rosalind Lee (9621 9006)

SIBI Singapore Graduation Ceremony Livestream via Facebook

Wednesday Bible Class (Zoom @ 8pm) "God With Us" (John 1:14) Zoom ID: 852 6167 8088 Password: Logos

Young Adults Monthly Fellowship Contact Kenneth Kuek (9338 9698)

Youth Dragonboat cum Retreat Contact Joel Yeo (9154 8155) The Link Hotel (near Tiong Bahru)



🔽 1 June | 7:30pm

🔽 🛛 3 June | 7:30pm

🔽 🛛 4 June | 1pm

# **Family News**



### Young Adult Monthly Fellowship



Calling all Young Adults to be part of the YA Monthly Fellowship! They will be meeting in the home of **Kenneth and Michelle Kuek at 7:30pm**. Bring your dinner and Bible and start the weekend on the right note in Christian fellowship!

Sign up by contacting Kenneth at **9338 9689** or visit **www.bit.ly/YAMFJune22**.

### Thanks from the Abiva Family



"To the PPCOC family in Singapore: on behalf of the Abiva family, we would like to express our deepest gratitude to the church. Thank you so much for your help during our time of difficulty. Thank you for your support, not only financially but emotionally and spiritually and for your unending prayers. We will be forever thankful for the PPCOC family and especially our Almighty God. May God bless us all!" Alma, David Mark, and John Mark Abiva

Lito Abiva, husband of sister Alma, passed away on Sunday, 8 May. We thank the church for your generous outpouring of love gifts, prayers and emotional support. Please continue to surround the family with your prayers, especially sister Alma herself as she remains in Singapore to work.

# Weekly Nugget | Kuek Lee Hock



# The Discipline of Christian Meditation

Apart from hearing and studying God's Word, meditating upon God's Word is a vital part of spiritual growth. It is a God-given process that permanently changes your thinking. It transforms your thinking from negative, destructive thoughts to thinking God's thoughts from within our soul and spirit to the manifestation of our daily interaction with others.

"I will meditate on your precepts, and fix my eyes on your ways" (Ps. 119:15). "I have stored up your word in my heart, that I might not sin against you" (Ps. 119:11).

This is why God told Joshua to meditate on His Word both day and night because then Joshua would make his way prosperous and then he would have "good success" (Joshua 1:8).

The Bible uses many terms to describe meditation, including 'remember', 'think on these things', 'ponder', 'behold God's love', 'muse on the work of Thy hands' (Psalm 143:5), 'consider', 'let the mind of Christ be in you', 'set your mind on things above', and 'let the Word of Christ dwell in you richly'.

#### **Overview of Meditation**

#### 1. Meditation begins, but by no means ends, with thinking on Scripture.

To meditate properly our souls must reflect upon what our minds have ingested and our hearts must rejoice in what we have grasped. Read slowly, pray and humbly rely upon what God has revealed to us in His Word. Be mindful of our dependence on the inspiration of the Holy Spirit.

#### 2. Meditation is being attentive to God.

Aim: "keep seeking the things above where Christ is" (Col. 3:1) and having a conscious, continuous engagement of the mind with God. This renewing of the mind (Rom. 12:1-2) enables the Word of God to penetrate the soul and spirit with the light of illumination and the power of transformation.

# Weekly Nugget | Kuek Lee Hock

#### My 3 Rs MEDITATION Process

#### 1. Reflect on a past incident:

What happened? In what ways has the experience impacted you spiritually (positively or negatively). What will you do differently?

Going forward, let your mind and spirit be inflamed with the love of Christ by meditating on the Truths of God, and be transformed to live like Christ

#### 2. Rely on God's Word and the Holy Spirit to guide us!

"But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. He will glorify me because it is from me that he will receive what he will make known to you." John 16: 13-14

#### 3. Resolve to live out our mediation daily

Edmund Calamy (1600–1666) wrote, "A true meditation is when a man doth so meditate of Christ as to get his heart inflamed with the love of Christ; so meditate of the Truths of God, as to be transformed into them; and so meditate of sin as to get his heart to hate sin." He went on to say that, to do good, meditation must enter three doors: the door of understanding, the door of the heart and affections, and the door of practical living.

When should one meditate? Anytime and every time. You can meditate on your commute to work, when you're shaving or applying makeup, when you're waiting for the cashier, before going to sleep, before the church service, etc.

### A 9-Minute Meditation

3 mins: reflect on your concerns for yourself, for others, on incidents, future directions.

3 min: read Scripture to hear the life-giving words of Christ (John 6:63).

3min: pray for God's guidance and providence.

### **Journaling Your Meditation**

Immediately after prayer, ask yourself how the prayer was. What struck you? What memories did you look at? What was the feeling? Did you have deep or disturbing distractions? What did you share with the Lord?

# Weekly Nugget | Kuek Lee Hock

You may like to find a word, image or phrase that carries the core message you have received. Take this into your daily activities and relationships. Let your reflection and prayer continue inwardly as new experiences deepen the word you have heard. Record what you have received from God.

### **Reflection Questions:**

Do you experience the presence of Christ more through meditating on Scripture silently in your heart?

In your writing or driving alone in your car?

Is there another way that brings you in communion with Christ and his words?

Talk to God about the spiritual discipline of meditation and invite him to give you a renewed desire to hear his Voice through this practice.

#### **Prayer:**

Holy Father, deliver us from double-mindedness. Set our hearts and minds under the guidance of your Word. As we meditate on Your Holy Word, cleanse us and give us the purity of heart, soul and spirit so that we can be sanctified vessels for Your Kingdom work.

In the Name of Christ, we pray. Amen.

## **Connect With Us**

## Prayer Requests/ Feedback





http://bit.ly/35FTEyp



## Meet Our People

**Elders** Simon Goh Peter Lim Lim Swee Aun

**Deacons** Dennis Law Lim Kok Hin Vincent Lim

**Ministers** Tan Beng Chuan Patrick Ong John Lim

**Pledge and Building Fund Committee** Peter Lim Jim Kawi Grace Mariaraja

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