

HI Newsletter

September 2011

Picnic @ Fort Canning Park
18th September 2011
1.30pm



Prayer Requests

The health of Victor, Bee Suan and Caleb who contacted dengue fever.
Especially, pray for Victor Soh who is still in ICU.

Rudy's personal life that he may slow down his pace, be more patient with others and not be easily agitated.

The coming Thanksgiving Retreat in November.

Sister Siew Gek's new job.

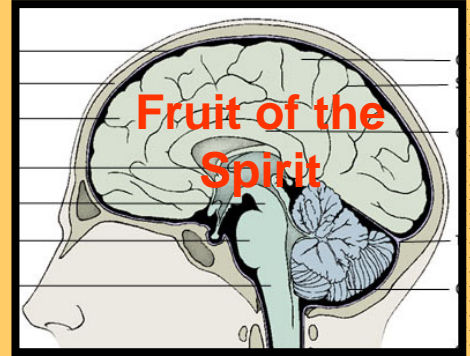
Wisdom for our newly elected President that he will serve the country well.

The coming HI outing this month that the HI & House Helper groups will build better relationships with each other.

Courage to share the Gospel with our friends and colleagues. Remind us that we are living in a fallen world, and we, Christians, can make a difference in other people's lives.



Loving God with All Our Mind



As I wrote this article, I did a lot of self-examination. As the prophet Isaiah said "I am a man of unclean lips" Isaiah 6:5. Likewise, I am a man of unclean mind and thoughts. I frequently have negative thoughts, which lead me to depression and loneliness. Often, I let the devil take control of my mind and I fall into temptations very easily.

The answer is Jesus Christ, our Lord. I need to put Jesus Christ in my mind. It is like rekindling my first love with Jesus, like boyfriends / husbands putting their girlfriends' / wives' photo on their handphoned screen.

I like the pop song "I got my mind set on you." by the late George Harrison (one of the Beatles). The lyrics goes like this

It's gonna take time
A whole lot of precious time
It's gonna take patience and time
To do it right, child

To love a person, we need to set our mind on him/her. Likewise, to love the Lord, we must set our mind on Him. It is not easy as the devil will always try to distract our focus off Jesus. So I like to share with you five ways that we can put Christ in our minds.

1. I must renew my mind.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Romans 12:2

It is time to stop following the worldly influence and to go back in step with the fruit of the Spirit (Ephesians 5:22-23).

2. Paul encouraged us to be prayerful in Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

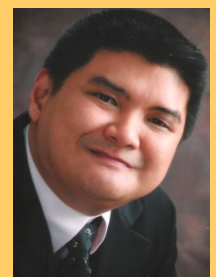
3. Pray for Wisdom. Just let Jesus control our minds. Jesus knows best because He loves us.

4. Give Thanks/Count our Blessings. Elder William always tells us that every morning when he wakes up, he thank Jesus for another new day. Thank God for everything that He has given to us. Giving thanks also help me to keep self-pity away.

5. Be Content. Paul said in Phil 4:12 that "I have learned the secret of being contented in any and every situation." Paul encouraged us to be contented with what we have. Live a simple life and treasure every minute of it.

Finally, let me urge you to put the fruit of the Spirit into our mind so that we will not fall into temptations and we will be more like Christ.

Love, Joy, Peace,
Patient, Kindness,
Goodness,
Faithfulness,
Gentleness and Self-control.



Rudy Lim