

Are You Anxious ?

Evening Sermon : Terry Wan (18 Jul 2010)

Matt 16:24

- *Jesus said to his disciples, “If anyone would come after me, he must deny himself and take up his cross and follow me*

Ps 90:10

- *10 The length of our days is seventy years-- or eighty, if we have the strength; yet their span is but trouble and sorrow, for they quickly pass, and we fly away.(NIV)*

Are you anxious ?

Phil 4:6-7

- *6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.*
- *7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (NIV)*

Do not be anxious !

Jer 32:27

"I am the LORD, the God of all mankind. Is anything too hard for me

Gen 22:14

So Abraham called that place The LORD Will Provide. And to this day it is said, "On the mountain of the LORD it will be provided."

Matt 6:8

- 8 Do not be like them, for your *Father knows what you need* before you ask him.

James 5:16

- 16 Therefore confess your sins to each other and pray for each other so that you may be healed. The *prayer of a righteous man is powerful and effective.*

Prayer and petition

Rom 1:17

- *17 For in the gospel a righteousness from God is revealed, a righteousness that is by faith from first to last, just as it is written: "The righteous will live by faith."*

Faith is so important !

Heb 11:6

- 6 And *without faith it is impossible to please God*, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

Rom 10:17

- 17 Consequently, *faith comes from* hearing the message, and the message is heard through the *word of Christ*.

When we put our Faith in Him

1 Jn 5:14-15

- 14 *This is the confidence (faith) we have in approaching God: that if we ask anything according to his will, he hears us. 15 And if we know that he hears us-- whatever we ask-- we know that we have what we asked of him.*

Eph 3:20

- 20 Now to *him who is able* to do immeasurably more than all we ask or imagine, according to his power that is at work within us,

Thanksgiving

- *“Unless the heart is right the prayer must be wrong.”*
- Praying with thankfulness in the heart is sincere prayer
- “Thanks” and “Give”

Peace of God

- *God's peace is different from world's peace*
- *True peace comes from knowing that :*
 - *God is in control*
 - *Citizenship in Christ kingdom is sure*
 - *Destiny in heaven is set*
 - *Victory over sin*

John 14:27

- *27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.*

Conclusion

- *Let Go - 1Pet5:7 , Rom8:28, 1 John2:15-17*
- *Allow God's thoughts to influence our hearts and minds*
 - *Rom 12:2, Phil 4:8-9*
- *Be prepared for spiritual warfare - Eph 6:10-18*

Let Go !

1 Pet 5:7

- *7 Cast all your anxiety on him because he cares for you*

Rom 8:28

- *28 And we know that in all things God works for the good of those who love him, who have been called according to his purpose*

Allow God's thoughts to influence our hearts and minds

Rom 12:2

- *2 Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is-- his good, pleasing and perfect will*

Phil 4:8-9

- *8 Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable-- if anything is excellent or praiseworthy-- think about such things.*
- *9 Whatever you have learned or received or heard from me, or seen in me-- put it into practice. And the God of peace will be with you*

I Jn 2:15-17

- *15 Do not love the world or anything in the world. If anyone loves the world, the love of the Father is not in him.*
- *16 For everything in the world-- the cravings of sinful man, the lust of his eyes and the boasting of what he has and does-- comes not from the Father but from the world.*
- *17 The world and its desires pass away, but the man who does the will of God lives forever.*

Be Prepared for Spiritual Warfare

Eph 6:10-12

- 10 *Finally, be strong in the Lord and in his mighty power.*
- 11 *Put on the full armor of God so that you can take your stand against the devil's schemes.*
- 12 ***For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.***

Full Armor of God

Eph 6:13-17

- 13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.
- 14 Stand firm then, with the **belt of truth** buckled around your waist, with the **breastplate of righteousness** in place,
- 15 and with your feet fitted with the **readiness** that comes from the gospel of peace.
- 16 In addition to all this, take up the **shield of faith**, with which you can extinguish all the flaming arrows of the evil one.
- 17 Take the **helmet of salvation** and the **sword of the Spirit**, which is the word of God.

Pray in the Spirit

Eph 6:18

- 18 And ***pray in the Spirit*** on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.

Pray in the Spirit

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Thank You