



The Value of a Contrite Heart



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Beware of what you Value

- **Mt 6:21** “For where your treasure is your heart will be also”
- **Mk 8:36** “For what shall it profit a man, if he shall gain the whole world, and lose his own soul ?”

The Importance of Value :

- Desire & Stress level
- Growth & Success
- Salvation

Our values control our lives :

- Affect Desires & stress levels - especially when values are unclear, confusing or conflicting
- Value determines our path to success. Right values lead to growth and success. Wrong values eventually crashes and burn us.
- Value affects our salvation “What does it profit a man if he gains the whole world and loses his soul?”

The World's 3 Basic Values

1. Pleasure. (The lust of the flesh)
2. Possessions. (The lust of the eyes)
3. Power. (The pride of life)

The World's value is temporal

1. Pleasure. Sin may be fun for a while but the pleasure of sin will soon fade.

Hebrews 11:25 “Moses refused to be called Pharaoh's son but align himself with the people of God rather than enjoy the passing pleasure of sin.”

The World's value is temporal

2. **Possessions** will not last either.
1 Timothy 6:7 "We brought nothing into the world and we can take nothing out."
- 3. **Power**
Mark 10:31 "Many who are first will be last, and the last first."

The Bottom line is :

“The world and its desires [the values of the world] will pass away but those who do the will of God will live forever.” [1 John 2:17](#)

Source of Our Value is in the Heart

- Why the Value of a Contrite Heart?
- We must worship God in Spirit and in Truth
- Truth = God's Word
- Spirit = Heart

What kind of heart is pleasing to God ?

Psalm 51:17 “The sacrifices of God are a broken spirit : a broken and a contrite heart, O God, you will not despise.”

God wants a broken spirit and a broken and contrite heart. God is pleased with this kind of humility.

If your inward heart attitude is not right, you can never please God by your outward actions (no matter how good).

A contrite heart is a repentant heart. It is....

- 1) Realisation and acknowledgement of our sin.
- 2) [Acts 2:37](#) “When the people heard this, they were **cut to the heart** and said to Peter and the other apostles, “brothers, **what shall we do?**”
- 3) [Luke 15:17-18](#) “When he **came to his senses**, he said,.. I will set out and go back to my father and say to him: Father, **I’ve sinned** against heaven and against you.”

A contrite heart is a repentant heart.

- 4) The parable of the pharisee and publican who prayed (Luke 18:11-13). In vs 13 - “But the tax collector stood at a distance. He would not even look up to heaven, but beat his breast and said, ‘**God, have mercy on me, a sinner.**’

How does God see a Broken and Contrite Heart?

1. God sees a broken heart as understanding the need for forgiveness.
2. God sees a broken heart as having the ability to change. [Act 3:19](#) Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord.

How does God see a Broken and Contrite Heart?

3. God sees a broken heart as the desire to do what is right. [2 Cor. 7:9-10](#).
4. God sees a broken heart as true worship and commitment to Him. [Psalms 51:17](#) The sacrifices of God [are] a broken spirit: a broken and a contrite heart, O God, thou wilt not despise.

How does God see a Broken and Contrite Heart?

5. God sees a broken heart as fear and reverence toward Him.

Isa 66:2 For all those [things] hath mine hand made, and all those [things] have been, saith the LORD: but to this [man] will I look, [even] to [him that is] poor and of a contrite spirit, and trembleth at my word.

What is the
problem with
mankind?

“The heart of the human problem is
the heart of the human”

A contrite heart is NOT
hard like a stone



...but whoever hardens his heart falls
into trouble (Proverbs 28:14b)

- Sin hoarding stiffens and hardens the heart.
- Secret Sins - Don't live separate lives.
- Confession softens us
- We live in a hard world, but we don't have to live with a hard heart!

Is your Heart Hard?

- Take it to your Father : You are only a prayer away to softening the heart
- We need to soften our heart by repentance
- Acknowledge our sins against God
(1John1:8-10)

1 John 1 : 8 - 10

- **v 8** If we say we have no sin, we deceive ourselves, and the truth is not in us.
- **v 9** If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.
- **v 10** If we say we have not sinned, we make him a liar, and his word is not in us.

How Acceptable is a Broken and Contrite Heart to God?

- 1. **He forgives** - [1John 1:9](#) If we confess our sins, he is faithful and righteous to forgive us our sins, and to cleanse us from all unrighteousness
- 2. **He revives** - [Isaiah 57:15](#) For thus saith the high and lofty One that inhabiteth eternity, whose name is Holy: I dwell in the high and holy place, with him also that is of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite

How God Deals with a Broken and Contrite Heart

- 3. **He repents.** [Jeremiah 18:8](#) if that nation, concerning which I have spoken, turn from their evil, I will repent of the evil that I thought to do unto them.
- 4. **He restores.** [Luke 15:20-24](#) quoting vs 24 - for this my son was dead, and is alive again; he was lost, and is found. And they began to be merry

Search me, O God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.

Psalm 139:23-24



There is Joy in Repentance

- [Psalm 32:1-5](#). It was written after David received forgiveness for his sins
- Forgiveness itself
- Sin is covered – freed from bondage of sin

A yellow scroll graphic with a black outline, featuring a vertical strip on the left side and a small circular detail at the top right corner. The word "Invitation" is centered on the scroll.

Invitation

Invitation

- "Do you despise the riches of His goodness, forbearance and longsuffering; not knowing that the goodness of God leads you to repentance?" (Rom. 2:4)



Contrite Heart

"For He says, In an acceptable time I have heard you, and in the day of salvation I have helped you. Behold, now is the accepted time; behold, now is the day of salvation." (2 Cor. 6:2)